

# Spa Soakers

# TURN YOUR BATHROOM INTO A LUXURY OASIS.

More and more, home and boutique hotel bathrooms are welcoming soaker tubs, some of which offer jets and other options. While they appear sleek in their simplicity, these tubs have a lot to offer by way enhancing the restorative nature of relaxing in the warm embrace of a well-appointed bath.

To start, buyers can choose between claw-footed styles, offering a retro elegance, or more modern-in-feel versions, which rest directly on the floor. Roman tubs, typically fitted onto a deck, offer yet another option. Take note: some tubs even venture out of the bathroom and into common living spaces. For example, garden tubs nestle into sunrooms or areas with a private garden view.

Single ended designs are most common, featuring one rounded end sloped for lounging or day dreaming.

**Double ended tubs** offer two rounded, sloped ends for dreams pour deux.

The **single slipper** version features a raised end to provide back support and extra comfort.

The **double slipper** is raised on both ends, so (depending on the tub length) two bathers can relax together.

If a return to the elegance of yesteryear year tops your wishlist, the clawfoot tub fits the bill. It can be found with single-ended, single slipper, double-ended and double-slipper styles.

Pedestal or skirted tubs can read Art Deco or contemporary and come to rest on heavy a base (or plinth) and typically come in single ended, single slipper, double ended and double slipper designs.

Homeowners tight on space might consider a Japanese tub, which is smaller in length but deeper than other soaker tubs, allowing bathers to submerge up to their shoulders.

Be sure to research materials because their properties aren't just about aesthetics. Consider: acrylic (very popular, light weight), cast iron (durable, retains heat), solid surface (typically resin, hard surface), stainless steel (modern, contemporary), copper (holds heat, resists mold, bacteria) and stone (the statement maker!).

The awareness of the health and wellness benefits of water is centuries old, as is the use of chromotherapy, which is, in basic terms, the use of color to lead the body to health and harmony. Some soaker tubs have dipped their toes into color therapy, using colored lights—alone or with whirlpool functions—to invite even more wellness benefits.

Interior designers are well versed on the practical and visual benefits of soaker tubs and can provide experienced input on your purchase. However, the final say on the matter might be your home's water heater. Does it have the capacity to supply enough hot water to fill your tub? It's an important question to ask.





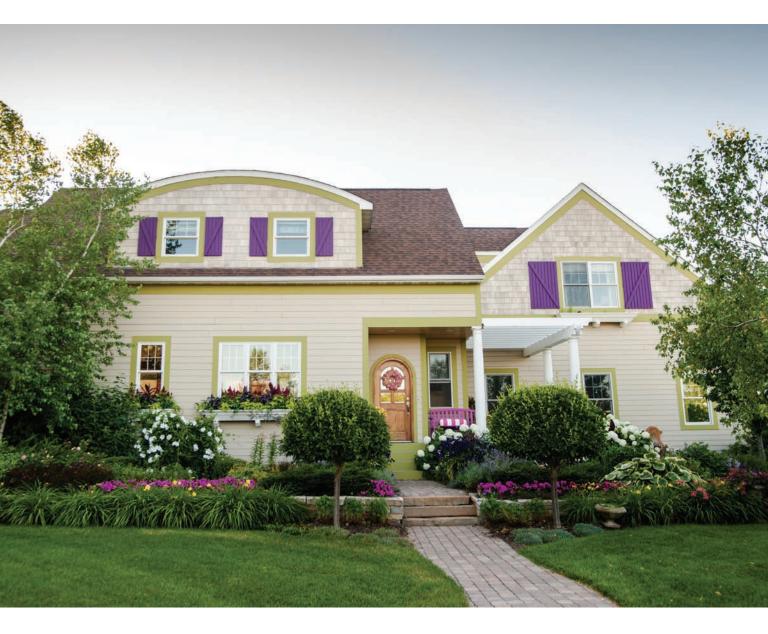
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JOSEPH ROBBINS
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OF DESIGN

# What has been the biggest change to your industry in the past decade?

The internet. It is both resource and opportunity to overload clients with "likes". Some think this resource lessens need for Designers. On the contrary - it makes them a necessity. Building new or Transforming your current home is a substantial investment requiring the best possible result. Great Design is the thoughtful manipulation of what is possible. Clients seeking the best result should engage with true professionals as guides through a world of possibilities.

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SARAH BUERKLY

SARAH'S COTTAGE

CREATIONS FOUNDER/CEO

# How do I know where to begin when adding to my landscape and if I can do all my desired projects at one time?

There is no question that landscaping can be pricey. But it adds to the value of your property as well as your personal life experience. Your first step should be to call a landscape designer. You should look for someone you can work well with, not necessarily the person who draws up the prettiest plan. The beauty of a well-designed plan is that it allows you to add to your landscape in phases knowing that in the end, your outdoor spaces will have that cohesive and beautiful look you desire.

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# Patio Performers

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Warmer temperatures extend an invitation to create livable spaces beyond the patio doors and into our gardens and yards, which provide natural touchstones for homeowners

Once conceptual parameters have been established for a backyard patio venue, you must address the question of which materials to use, keeping optimal entertaining capabilities and aesthetics in mind. Pavers have long been, and continue to be, a strong option for patios Some homeowners have used stamped concrete as a unique option for terra firma!

Pavers can be installed to create unique patterns and designs, making your project stand out. Repair of pavers is simpler since you can excise and replace the damaged paver.

Proper installation is key. If patio pavers are installed correctly, they should be able to handle temperature fluctuations (even frost). If done well, joint sand shouldn't need to be replaced as often. It could be worth investigating polymeric sand, which is said to prevent grass/weeds from growing between the cracks.

Interlocking pavers can be practical. But keep in mind what other elements will be used in the area to heighten visual interest.

Architectural slab pavers can provide a more natural look, but are potentially more sensitive to freezing and thawing.

Stamped concrete can beautifully replicate the look of brick, granite, slate, wood and more for a patio, path or driveway.

While stamped concrete can cost less than concrete pavers, there are levels of materials that can affect the final bill. Basic options feature one pattern and a single color; intermediate options can have twothree colors; and the high end of the scale includes hand-stained variations and a host of other personalized options, including saw-cutting (patterns, logos, etc.) and hand-tooling which gives edges a more "natural" appearance.

In this neck of the North, issues related to freezing and thawing impact outdoor elements. Weather can also have an impact on color fading.

Be sure to ask the experts. After understanding the scope and vision of your design, they are best suited to help homeowners choose the optimum products for their home and landscape design projects.

# Coral Comes Olive

# DAB OR DOLLOP YOUR HOME IN COLOR

For 2019, Pantone crowned living coral as the couleur de l'année, calling it, an animating and life-affirming shade of orange with a golden undertone. Leatrice Eiseman, the institute<sup>1</sup>s executive director, says, With consumers craving human interaction and social connection, the humanizing and heartening qualities displayed by the convivial Pantone living coral hit a responsive chord.

Not sure how to weave living coral into your home<sup>1</sup>s palette? While some spaces could call for a bright punch of color, there are other, more subtle ways, to keep up with annual color trends. Think decorative décor elements; throw pillows; blankets; small painted furniture pieces; table linens; and more.

Don¹t forget to use your local garden center or even your own yard for inspiration. Bring living coral indoors with properly-hued varieties of begonias, coral charm peonies, dahlias, Gerbera daisies, geraniums or hibiscus, for starters.

Bottom line, when it comes to inviting the color of the year into your home, be sure it will marry well with your overall décor choices. And if it doesn¹t, there¹s always next year!





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